



Sask Field Hockey

updated Mar19.11

2011 Outdoor Youth League - Regina Session 1a

Co-ed Born 2000-2003

Cost: \$40 Membership + \$40 Program = \$80

Day	Date	Start Time	End Time	Location	Event
Sunday	May 1	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 6	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 8	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 13	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 15	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 20	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 29	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 3	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 10	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	June 12	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 17	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage

Raman Grewal, Head Coach

c 502-1320

sfhatech@sasktel.net

Aaron Demyen, Executive Director

c 530-9331

sfha@sasktel.net

Equipment

Used sticks provided for Youth League, mouth guards and shin guards mandatory

PYG Program

Boys and girls born 2000 may also join PYG program, practices start May 29



Sask Field Hockey

updated Mar19.11

2011 Outdoor Youth League - Regina Session 1b

Boys and Girls divisions born 1996-1999

Cost: \$40 Membership + \$40 Program = \$80

Day	Date	Start Time	End Time	Location	Event
Sunday	May 1	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 6	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 8	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 13	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 15	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	May 20	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	May 29	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 3	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 10	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage
Sunday	June 12	12:00pm	1:30pm	U of R Rams Field	Practice/Scrimmage
Friday	June 17	6:00pm	7:30pm	U of R Rams Field	Practice/Scrimmage

Raman Grewal, Head Coach

c 502-1320

sfhatech@sasktel.net

Aaron Demyen, Executive Director

c 530-9331

sfha@sasktel.net

Equipment

Used sticks provided for Youth League, mouth guards and shin guards mandatory

Other Programs

Boys and girls born 1996-1999 may also join PYG program, practices start May 15

Boys and girls born 1996-1998 may also join U16 program, practices start in May

Girls born 1993-97 may try out for the WCSG team in May