



Sask Field Hockey

updated Jul16.11

2011 Outdoor U16/19/WCSG Girls

U16 - Born 1995-98 U19 - Born 1992-96

WCSG - 1993-98

Cost: \$125 + Membership if not already paid

Day	Date	Start Time	End Time	Location	Event
Friday	May 20	7:30pm	9:00pm	U of R Rams Field	Practice
Saturday	May 28			Brandon, MB	Camp/Exhibition Series
Wednesday	June 1	7:30pm	9:00pm	U of R Rams Field	Practice w/ JL and Boys
Thursday	June 2	8:00pm	9:00pm	CBI Park Street	Mental Training
Saturday	June 4	12:00pm	9:00pm	U of R Rams Field	Camp/Exhibition Series
Sunday	June 5	10:00am	3:00pm	U of R Rams Field	Camp/Exhibition Series
Wednesday	June 8	7:30pm	9:00pm	U of R Rams Field	Practice
Saturday	June 11	1:30pm	3:00pm	U of R Rams Field	Practice w/ Boys
Wednesday	June 15	7:30pm	9:00pm	U of R Rams Field	Practice
Sunday	June 19	12:00pm	1:30pm	U of R Rams Field	Practice w/ JL and Boys
Friday	June 24	6:00pm	9:00pm	U of R Rams Field	Practice/Theory/Game
Sunday	June 26	12:00pm	1:30pm	U of R Rams Field	Practice w/ Boys
Tuesday	June 28	7:00pm	8:00pm	United Way of Regina	Mental Training
Tuesday	June 28	8:00pm	8:30pm	United Way of Regina	Team Mtg - Theory
Wednesday	June 29	7:30pm	9:00pm	U of R Rams Field	Practice
Saturday	July 2	12:00pm	3:00pm	U of R Rams Field	Practice/Theory/Game
Sunday	July 3	12:00pm	3:00pm	U of R Rams Field	Practice/Theory/Game
Wednesday	July 6	7:30pm	9:00pm	U of R Rams Field	Practice
Wednesday	July 13	7:30pm	9:00pm	U of R Rams Field	Practice
Friday	July 15	6:00pm	7:30pm	U of R Rams Field	Practice
Saturday	July 16	1:00pm	3:00pm	U of R Rams Field	Practice
Sunday	July 17	1:00pm	3:00pm	U of R Rams Field	Practice w/ Boys
Wednesday	July 20	7:30pm	9:00pm	U of R Rams Field	Practice w/ Boys
	July 20-24			University of Calgary	U18 Nationals
Tuesday	July 26	7:30pm	9:00pm	Mosaic Stadium	Practice/Game
Friday	July 29	6:00pm	9:00pm	Mosaic Stadium	Practice/Game
Sunday	July 31	3:00pm	6:00pm	Mosaic Stadium	Practice/Game
Tuesday	Augst 2	6:00pm	9:00pm	Mosaic Stadium	Practice/Game
	August 3-7			Wright Field, Vancouver, BC	U16 Nationals
Monday	August 8	6:00pm	7:30pm	Mosaic Stadium	Practice
	August 10-14			Kamloops, BC	WCSG

Raman Grewal, Head Coach

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Equipment

Sticks, mouth guards and shin guards mandatory