



**Sask Field Hockey**  
**2009-10 Indoor U18 Girls**

Revised Feb22.10

Team Schedule

Day	Date	Start Time	End Time	Location	Event
Monday	November 16	7:00pm	9:00pm	Sask Sport Building	Registration Night
Sunday	November 22	3:00pm	4:30pm	St Martins Parish Gym	Practice
Saturday	November 28	2:00pm	3:00pm	Western Christian College	Strength and Conditioning Testing
Sunday	November 29	3:00pm	4:15pm	St Martins Parish Gym	Practice
Thursday	December 3	8:00pm	9:00pm	Sask Sport Building	Parent and Athlete Meeting
Saturday	December 5	1:45pm	3:00pm	CBI Park Street	Strength and Conditioning
Sunday	December 6	3:00pm	4:15pm	St Martins Parish Gym	Practice (Video Tape Drills)
Thursday	December 10	7:00pm	8:00pm	Layton Clarke's home	Video Session
Saturday	December 12	1:45pm	3:00pm	CBI Park Street	Strength and Conditioning
Sunday	December 13	3:00pm	4:15pm	St Martins Parish Gym	Practice
Saturday	December 19	9:45am	11:00am	CBI Park Street	Strength and Conditioning
Sunday	December 20	9:00am	10:15am	Western Christian College	Practice
Tuesday	December 29	5:30pm	6:45pm	CBI Park Street	Strength and Conditioning
Saturday	January 2	1:45pm	3:00pm	CBI Park Street	Strength and Conditioning
Sunday	January 3	3:00pm	4:15pm	St Martins Parish Gym	Practice
Tuesday	January 5	6:00pm	7:30pm	St Martins Parish Gym	Practice
Thursday	January 7	7:45pm	9:00pm	CBI Park Street	Strength and Conditioning
Sunday	January 10	3:00pm	4:15pm	St Martins Parish Gym	Practice
Tuesday	January 12	6:00pm	7:30pm	St Martins Parish Gym	Practice
Saturday	January 16	7:45pm	9:00pm	CBI Park Street	Strength and Conditioning
Sunday	January 17	3:00pm	4:15pm	St Martins Parish Gym	Practice
Tuesday	January 19	6:00pm	7:30pm	St Martins Parish Gym	Practice
Thursday	January 21	8:00pm	9:00pm	CBI Park Street	Parent and Athlete Meeting
Saturday	January 23	1:45pm	3:00pm	CBI Park Street	Strength and Conditioning
Sunday	January 24	3:00pm	4:15pm	St Martins Parish Gym	Practice
Tuesday	January 26	6:00pm	7:30pm	St Martins Parish Gym	Practice
Thursday	January 28	7:45pm	9:00pm	CBI Park Street	Strength and Conditioning
Sundays	January 31	10:00am	4:00pm	Brandon, MB	Exhibition Games vs Manitoba
Tuesday	February 2	6:00pm	7:30pm	St Martins Parish Gym	Practice
Thursday	February 4	7:00pm	8:00pm	Layton Clarke's home	Video Session
Saturday	February 6	1:45pm	3:00pm	CBI Park Street	Strength and Conditioning
Sunday	February 7	2:00pm	3:30pm	St Martins Parish Gym	Practice
Tuesday	February 9	6:00pm	7:30pm	St Martins Parish Gym	Practice
Saturday	February 13	4:00pm	5:30pm	CBI Park Street	Strength and Conditioning
Sunday	February 14	2:00pm	3:30pm	St Martins Parish Gym	Practice
Thursday	February 18	7:45pm	9:00pm	CBI Park Street	Strenght and Conditioning
Tuesday	February 23	6:00pm	7:30pm	St Martins Parish Gym	Practice
Saturday	February 27	12:30pm	1:45pm	CBI Park Street	Strength and Conditioning
Sunday	February 28	2:00pm	3:30pm	St Martins Parish Gym	Practice
Tuesday	March 2	6:00pm	7:30pm	St Martins Parish Gym	Practice
Saturday	March 6	12:30pm	1:45pm	CBI Park Street	Strength and Conditioning
Sunday	March 7	2:00pm	3:30pm	St Martins Parish Gym	Practice
Tuesday	March 9	6:00pm	7:30pm	St Martins Parish Gym	Practice
Saturday	March 13	12:30pm	1:45pm	CBI Park Street	Strength and Conditioning
Sunday	March 14	2:00pm	3:30pm	St Martins Parish Gym	Practice
Tuesday	March 16	5:00pm	6:30pm	Western Christian College	Practice

Thursday	March 18	7:00pm	8:00pm	Sask Sport Building	Parent and Athlete Meeting
Saturday	March 20	4:00pm	5:30pm	CBI Park Street	Strength and Conditioning
Sunday	March 21	2:00pm	3:30pm	St Martins Parish Gym	Practice
Tuesday	March 23	6:00pm	7:30pm	St Martins Parish Gym	Practice
Thursday	March 25			Winnipeg, MB	Indoor U18 Nationals
Friday	March 26			Winnipeg, MB	Indoor U18 Nationals
Saturday	March 27			Winnipeg, MB	Indoor U18 Nationals
Sunday	March 28			Winnipeg, MB	Indoor U18 Nationals

Sask Sport Building - 1870 Lorne Street

CBI Park Street - 2073 Park Street

St Martins Parish Gym - 4720 Castle Road

Western Christian College Gym - 100 - 4400 4th Avenue

Layton Clarke - 4051 Windsor Park Bay